

## PEDIATRIC SLEEP CLINIC TRAINEE READING LIST

### General Sleep

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Mindell JA. (1993). Sleep Disorders in Children. *Health Psychology*. Vol 12: 152-163.

Fallone G, Owens JA and J Deane. (2002). Sleepiness in children and adolescents: clinical implications. *Sleep Medicine Reviews*. Vol 6 (4): 287-306.

Anstead MI and B Phillips. (2003). Evaluation of the sleepy child: Causes and diagnostic clues. *The Journal of Respiratory Diseases for Pediatricians*. Vol 5 (3): 111-114.

Iglowstein I, Jenni OG, Molinari L and RH Largo. (2003). Sleep Duration from Infancy to Adolescence: Reference Values and Generational Trends. *Pediatrics*. Vol 111 (2): 302-307.

### Sleep Disorders

Campbell SS, Murphy PJ, Van den Heuvel CJ, Roberts ML and TN Stauble. (1999). Etiology and treatment of intrinsic circadian rhythm sleep disorders. *Sleep Medicine Reviews*. Vol 3 (3): 179-200.

Picchiatti DL and AS Walters. (1996). Restless Legs Syndrome and Periodic Limb Movement Disorder in Children and Adolescents. Comorbidity with Attention-Deficit Hyperactivity Disorder. *Child and Adolescent Psychiatric Clinics of North America*. Vol 5 (3): 729-739.

Wise MS. (1998). Childhood narcolepsy. *American Academy of Neurology*. Vol 50: S37-S42.

### OSA

Rains JC. (1995). Treatment of Obstructive Sleep Apnea in Pediatric Patients: Behavioral Intervention for Compliance with Nasal Continuous Positive Airway Pressure. *Clinical Pediatrics*. October 1995: 535-541.

Marcus CL *et al.* (2002). Clinical Practice Guideline: Diagnosis and Management of Childhood Obstructive Sleep Apnea Syndrome. *American Academy of Pediatrics*. Vol 109 (4): 704-712.

Koontz, KL, Slifer, KJ, Cataldo, MD and CL Marcus. (2003). Improving pediatric compliance with positive airway pressure therapy: the impact of behavioral intervention. *Sleep*. V26 (8). 1010-1015.

### Behavioral Therapy

Owens JL, France KG and L Wiggs. (1999). Behavioral and cognitive-behavioral interventions for sleep disorders in infants and children: A review. *Sleep Medicine Reviews*. Vol 3 (4): 281-302.

Hohagen F. (1996). Nonpharmacological Treatment of Insomnia. *Sleep*. V19 (8):S50-51.

Ramchandani P, Wiggs L, Webb V and G Stores. (2000). A systematic review of treatment of settling problems and night waking in young children. *WJM*. Vol 173:33-38.

Kuhn BR and AJ Elliot. (2003). Treatment efficacy in behavioral pediatric sleep medicine. *Journal of Psychosomatic Research*. Vol 54: 587-597.

Owens JA, Palermo TM and CL Rosen. (2002). Overview of Current Management of Sleep Disturbances in Children: II – Behavioral Interventions. *Current Therapeutic Research*. Vol 63 (B): B38-B52.

#### Pharmacotherapy/Medications

Reed, MD and RL Findling. (2002). Overview of Current Management of Sleep Disturbances in Children: I – Pharmacotherapy. *Current Therapeutic Research*. Vol 63 (B): B18-B51.

#### Other

Jenni, OG and BB O'Connor. (2005). Children's Sleep: An Interplay Between Culture and Biology. *Pediatrics*. Vol 115 (1): 204-216.

Owens, JA. (2005). The ADHD and Sleep Conundrum: A Review. *Developmental and Behavioral Pediatrics*. Vol 26 (4): 312-322.